

Validating *your* Internship Experience:

A valid internship experience requires skills and knowledge obtained from your major. As an intern, we encourage you to think about all the skills and knowledge you have obtained so far in your education. You are not expected to be an expert in your field, however we expect you to contribute what you know and approach your experience with a willingness to learn and grow.

In addition to your academic discipline, this may include, but not be limited to the skills and knowledge you have gained from past positions, student group involvement, volunteering, additional academic courses.

When reviewing internship possibilities, it is important to consider the following information.

Ask Yourself:

1. What advanced skills and knowledge are essential for this position?
2. How will this position enhance my learning in my coursework?
3. What responsibilities of this position require advanced coursework from my LSBE major?
4. What will I gain from this experience that I haven't had the opportunity to learn or experience yet?
5. How will this experience make me more marketable to an employer or graduate school?

An internship experience includes the following roles:

- Supervision by professionals in your desired field
- Regular communication with your employer site supervisor
- Employee training and orientation to help you become accustomed to the organization
- Resources, tools, and a workspace for you to effectively perform your duties
- Defined learning objectives and goals to help you accomplish tasks
- Responsibilities specific to your LSBE major & career interests
- Research opportunities & projects specific to your LSBE major

Researching Employers:

Here are some resources to help you explore more information about the company and/or organization you are considering to pursue.

[Better Business Bureau](#)

[Glassdoor](#)